

TIM THAYNE, PH.D., LMFT

Founder/CEO Homeward Bound

After founding adolescent wilderness and residential treatment programs, Dr. Thayne became increasingly frustrated by high rates of relapse, even when a student had made monumental progress during their treatment. After one particularly devastating relapse, Tim decided that tackling the dangerous gap between treatment and home would become his mission.

Since then, with over 13 years of experience in the homes of thousands of families, Tim and his team at Homeward Bound tailored a model, wrote the book and developed the technology to support families and to deliver the hope, tools, and concrete skills needed to succeed in the real world, not just in treatment.









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KEY POINTS:

- Three million Americans receive treatment for drug and alcohol addiction alone each year. The US spends \$113 billion per year on mental and behavioral health treatment. Insurance and private pay services are in addition to that number.
- Roughly 80% will relapse after becoming clean or making significant behavioral progress.
- There is a dangerous gap in the continuum of care for mental and behavioral health clients, which plays a large part in the less than stellar results.
- A growing movement of professionals and clients are demanding a gigantic leap forward in success rates. It's being facilitated through innovative education, coaching, and mobile technology.
- Parents play a game changing role in their teen's or young adult's treatment success. Being engaged during treatment, and coached after discharge, they can provide the structure and environment needed to keep the momentum going.
- A key to maintain hard-won change for the long term is rallying continued and genuine support. Natural mentors provide both social accountability and motivation at levels and durations years beyond what a paid professional can.
- Social experiments show that happiness often comes through opportunities to serve. This movement offers families hope and healing as they are both helped, then pass that help on to others.

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